**Class Activity 3:**

**Step 1: Identify an influential person in your life (influential in terms of interpersonal communication.)**

In paragraph form, describe what qualities of communication you admire in that person. (i.e. listening, paraphrasing, eye contact, positive self-image, etc.)  Be specific.  Use examples to illustrate your points.  Describe what communication qualities you have gained or desire to gain from that person.  Be specific.